MAK DENTAL

***480 Redwood Street, Suite #13 Vallejo CA 94590 Tel: 707-554-2600***

Homecare Permanent Crowns

Call if sensitivity or discomfort persists



**Homecare recommendations**
Now that we have placed your permanent crown, it is important to follow these recommendations to ensure the crown’s success:

**Chewing and eating**
If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

To protect your crown, avoid chewing ice or other hard objects.

**Brushing and flossing**
Brush and floss normally, but if your teeth are sensitive to hot, cold, or pressure, you can use a desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us.

**Medication and discomfort**
Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It’s normal for your gums to be sore for several days.

**When to call us**
Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.