MAK DENTAL

***480 Redwood Street, Suite #13 Vallejo CA 94590 Tel: 707-554-2600***

Homecare Permanent Crowns

Call if sensitivity or discomfort persists

[](https://www.caesycloud.com/PageViewer.aspx?eqs=azMwx%2bnW4nAkTvd9USyCAQESXvCflDqAchlOC2P2Iag%3d)

**Homecare recommendations**  
Now that we have placed your permanent crown, it is important to follow these recommendations to ensure the crown’s success:  
  
**Chewing and eating**  
If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.  
  
To protect your crown, avoid chewing ice or other hard objects.  
  
**Brushing and flossing**  
Brush and floss normally, but if your teeth are sensitive to hot, cold, or pressure, you can use a desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us.  
  
**Medication and discomfort**  
Take antibiotics or other medications only as directed.  
  
To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It’s normal for your gums to be sore for several days.  
  
**When to call us**  
Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.