

The STOP BANG Questionnaire

Name:

Height:

Weight:

Age:

Male/Female:

STOP	
Do you S NORE loudly?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you often feel T ired, fatigued, or sleepy during daytime?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Has anyone O bserved you stop breathing during sleep?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have or are you being treated for high blood P ressure?	<input type="checkbox"/> Yes <input type="checkbox"/> No
BANG	
B MI more than 35kg/m ² ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
A ge over 50 years old?	<input type="checkbox"/> Yes <input type="checkbox"/> No
N eck circumference > 16 inches (40cm)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
G ender: Male?	<input type="checkbox"/> Yes <input type="checkbox"/> No
TOTAL SCORE	

High risk of OSA: Yes 5-8

Intermediate risk of OSA: Yes 3-4

Low risk of OSA: Yes 0-2